

# MEGAMAG<sup>®</sup> 45mg

magnesium aspartate

## ■ IDENTIFICATION OF THE MEDICATION

### DENOMINATION:

MEGAMAG 45 mg, capsule.

### COMPOSITION:

DIHYDRATED MAGNESIUM ASPARTATE.....400 mg

Each capsule contains 45 mg of magnesium-element.

Excipients: Wheat starch, magnesium stearate.

For a 421 mg capsule.

Composition of the capsule envelope: gelatin, indigotine (E132), titanium dioxide (E171).

### PHARMACEUTICAL FORM:

Capsule - Box of 40

### PHARMACO-THERAPEUTIC CLASS:

MINERAL SUPPLEMENT (A: Digestive tract and metabolism).

### NAME AND ADDRESS OF THE M.A. HOLDER / DISTRIBUTOR / MANUFACTURER:

Laboratoires MAYOLI SPINDLER

6, avenue de l'Europe - B.P 51 - 78401 CHATOU CEDEX - FRANCE

## ■ WHEN TO USE THIS MEDICATION

**(Therapeutic indications):** This medication is indicated in case of magnesium deficiencies.

## ■ WARNING!

### THIS MEDICATION MUST NOT BE USED IN CERTAIN CASES.

This medication MUST NOT BE USED in case of some kidney diseases.

This medication MUST GENERALLY NOT BE USED in case of quinidinic-based treatment, unless your doctor prescribes it.

### PRECAUTIONS FOR USE:

THIS MEDICATION IS ONLY FOR ADULTS AND CHILDREN OVER 6 YEARS OF AGE.

Medications formulated for children under 6 years of age are also available.

IN CASE OF DOUBT, DO NOT HESITATE TO SEEK ADVICE FROM YOUR DOCTOR OR PHARMACIST

### MEDICATION INTERACTIONS AND OTHER FORMS OF INTERACTION:

IN ORDER TO AVOID ANY POTENTIAL INTERACTIONS BETWEEN SEVERAL MEDICATIONS, and particularly the quinidinic-based treatments, YOU MUST SYSTEMATICALLY INFORM YOUR DOCTOR OR PHARMACIST OF ALL OTHER CURRENT TREATMENTS.

## PREGNANCY - LACTATION:

This medication should be taken during pregnancy only on the advice of your doctor. If you find out during the treatment that you are pregnant, seek advice from your doctor, as only (s)he can make a decision on whether to continue it or not.

The use of this medication must be avoided during lactation.

During pregnancy and lactation, it is generally recommended to systematically seek advice from your doctor or pharmacist before taking a medication.

## LIST OF THE EXCIPIENTS TO BE AWARE OF TO ENSURE SAFE USE BY PATIENTS:

Wheat starch (contains gluten).

## ■ HOW TO USE THIS MEDICATION

THIS MEDICATION IS ONLY FOR ADULTS AND CHILDREN OVER 6 YEARS OF AGE.

### DOSAGE:

Adults: 6 to 10 capsules a day in several intakes.

Children over 6 (weight: about 20 kg): 4 to 6 capsules maximum a day in several intakes.

### ROUTE OF ADMINISTRATION:

Oral use.

### HOW FREQUENTLY AND WHEN THIS MEDICATION SHOULD BE TAKEN:

Take the capsules with a glass of water during meals.

### DURATION OF THE TREATMENT:

The treatment will be interrupted according to your doctor.

## ■ UNPLEASANT SIDE-EFFECTS (UNDESIRABLE EFFECTS)

LIKE ANY OTHER ACTIVE PRODUCT, THIS MEDICATION CAN CAUSE MORE OR LESS UNPLEASANT SIDE-EFFECTS TO SOME PEOPLE, particularly diarrheas and abdominal pain.

IN CASE OF DOUBT, DO NOT HESITATE TO SEEK ADVICE FROM YOUR DOCTOR AND PHARMACIST. INFORM YOUR DOCTOR OR PHARMACIST OF ANY UNPLEASANT SIDE-EFFECT NOT MENTIONED IN THIS LEAFLET.

## ■ STORAGE

DO NOT USE AFTER THE EXPIRY DATE CLEARLY INDICATED ON THE OUTER PACKAGING.

## ■ DATE OF REVISION OF THE LEAFLET

November 1996.